

1651 US HIGHWAY 22
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(908) 753-2091
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Facebook



January—May
2012



Programs and Retreats

Celebrating 35 Years



Mount St. Mary House of Prayer is a not-for-profit retreat/prayer center, supported by free-will offerings. Those who cannot afford the suggested fees are urged to come and give what is possible. Those who can give more are encouraged to do so, since the fee stated for programs does not meet all our expenses. We gladly accept donations for *scholarships*. Thank you!

Name _____
Address _____
City _____
State _____ Zip _____
Telephone (____) _____
E-mail _____
Program Title/Retreat _____
Date(s) _____
Deposit Amount Enclosed _____

Please enclose your non-refundable deposit
and mail to:
Mount Saint Mary House of Prayer
1651 US Highway 22
Watchung, NJ 07069-6587

REGISTRATION FORM
Registration is required
for all programs and retreats.

Non-profit Org.
U.S. Postage
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Rahway, NJ

DIRECTED RETREATS

An experience of personal prayer based on Scripture. Daily spiritual direction. Atmosphere of prayerful quiet. Adaptable to the needs of each individual.

Accommodations: 7 overnight retreatants
Registration required

Weekend Retreats

Begins 7 p.m. on opening day; concludes at 2 p.m.
Jan 20-22, Feb 10-12, Mar 23-25, Apr 27-29
(\$120/weekend; non-refundable deposit \$30)

Week-long Directed Retreat

Begins 7 p.m. on opening day; concludes at 11 a.m.
Mar 23-30
(\$420/week; non-refundable deposit \$80)

SUMMER DIRECTED RETREATS

Week-long: Jun 22-29, Aug 10-17 (\$420)
Weekend: July 13-15 (\$120)

SPIRITUAL DIRECTION

Personal support in deepening one's relationship with God.
Call for further information.

PROGRAMS and DAYS OF RECOLLECTION for GROUPS

House of Prayer staff members provide programs and retreat days on a variety of topics at the house or off-site.

The House of Prayer facility is also available on a limited basis for groups for self-guided spiritual-growth programs.

Accommodations: up to 25 people
Call for information

PROGRAM OFFERINGS

Register early!

CENTERING PRAYER GROUP

Come together monthly to pray this ancient form of prayer and breathe in God's peace.
Centering prayer and lectio divina
Tues - Jan 3, Feb 7, Mar 6, Apr 3, May 1
7:30 - 9:00 p.m. (Free-will offering)
Theresina Flannery, RSM, Eileen Smith, RSM

GATHERING FOR MEN

Gain support and inspiration by focusing on spirituality and integration with daily life.
Group discussion, reflection and prayer.
Tues - Jan 10, May 22, 7:30 - 9:30 p.m. (\$15)
Jerry McKenna, Al Beronio

PERSONAL RETREAT DAYS

Sacred Time, Sacred Space

A personal, quiet day to enjoy God's presence.
Day begins with communal prayer
Jan 12, Feb 15, Mar 20, Apr 25, May 17
9:30 a.m. - 3:00 p.m. Bring bag lunch (\$20)

NEW YEAR - NEW BEGINNINGS

Morning /Evening of Reflection
Come and reflect on the "ups and downs" of daily life in hopes that *all* will lead to a deeper peace with God, ourselves and others.
Wed - Jan 25, 9:30 - 11:30 a.m.
repeated 7:30 - 9:30 p.m. (\$20)
Anna Graziano

CALENDAR RAFFLE!

Nov 30 is the *last* day to return purchased tickets!

Call immediately to purchase your \$20 chance, good for 13 opportunities to win.

Much gratitude to those supporting this fund-raiser!

BRIGID: Peacemaker, Healer, Earth-Keeper

Come and celebrate in story, song and ritual, this remarkable woman. The evening will include the weaving of a traditional Brigid's Cross and the sharing of tea and Irish soda bread.
Tue - Jan 31, 7:30-9:30 p.m. (\$20)
Rev. Terrence Moran

SEEKING GOD THROUGH CINEMA

Watch and discuss movies with a message:
Of Gods and Men - Wed - Feb 8
The Straight Story - Thu - Mar 15
Children of Heaven - Wed - May 9
Each: 9:30 a.m.-12:30 p.m. (\$15)
Mary Jo Kearns, RSM

BE MY VALENTINE!

Retreat for Married Couples

Nurture and celebrate the gift of love.
Includes supper, prayer, sharing and Mass
Mon - Feb 13, 6:00-9:00 p.m. (\$60/couple)

THE SABBATH JOURNEY:

Finding Our Way Home

This Lenten program will explore seven movements that lead toward a life of continual growth and integration.
Presentation, prayer time, sharing, Mass.
Sat - Mar 3, 1:00-5:00 p.m. (\$25)
Rev. Dr. Terry Chapman



Weaving a St. Brigid's Cross

PROGRAM OFFERINGS

(continued)

GRIEF RECOVERY

Learning a process to deal with grief

Gentle 4-step experiential process for resolving the grief caused by loss.
Sun - Mar 4, 1:00-5:30 p.m. (\$45)
Mary Jo Kearns, RSM

SPIRITUALITEA

A tea party for ladies!

Lovely luncheon; powerful presentation.
Sun - Mar 18, 1:00 - 3:00 p.m. (\$30)
Brigitte Pincelli, Mary Jo Kearns, RSM

ARE YOU IN JOB TRANSITION?

Be refreshed as you prayerfully reassess your unemployment and God's call in the *now*.
Prayer, reflection, sharing.
Lunch provided—No fee—Be our guest
Wed - Mar 21, 9:30 a.m. - 2:30 p.m.

SAGES OF ALL AGES

Celebrating the Seasons of a Woman's Life

Panel of women of various ages reflecting on their wisdom wrought through experience.
Teresina Obie, Renee Owen,
Anne Ryan, Theresina Flannery, RSM
Sun - Apr 15, 1:00 - 3:00 p.m. (\$20)

WORK: A SACRED CALLING

Explore ways to make your work more meaningful and spiritually fulfilling.
Wed - Apr 18, 7:30 - 9:30 p.m. (\$20)
Maureen Cozzi and Jerry McKenna

THE CANTICLE OF CREATION

Come and experience the presence of God in the land, air and trees. The program will include an interactive ritual celebrating the Divine Presence in Creation...and will include chocolate!
Wed - May 2, 7:30 - 9:30 p.m. (\$20)
Rev. Terrence Moran

VOLUNTEERS NEEDED

Thu, Fri, Dec 15, 16 - Decorate for Christmas

Sat, April 14 - Bulk Mailing / Outside Clean-up

Come any time between 9:30 a.m.-3:00 p.m.
Come for all or part of the day. Lunch provided. Let us know you are coming!

We welcome your prayer intentions. They are especially remembered each Thursday at our Eucharistic Hour of Prayer.

DIRECTIONS

Mount St. Mary House of Prayer is located on Route 22W at Terrill Road, next to the Blue Star Shopping Center, opposite Sears; accessible by bus (NJ Transit) from NYC.

From North: GSP S. to Exit 140 A to Rt.22 W. for about 8 miles.

From South: GSP N. to Rt. 287 N. to Rt. 22 E. for about 10 miles.

From East: Rt. 22 W. or Rt. 78 W. to Exit 41...

From West: Rt. 22 E. or Rt. 78 E to Exit 41...
Follow signs for Rt. 22 W.



HEARTS CENTERED IN GOD

Welcoming You to Deeper Spirituality

Year-long adult contemporary spirituality program that invites adults to deepen their relationship with God in community with others

Monthly sessions ending with a retreat

For more information on program that begins in September, contact us now!

HELP US UPDATE OUR MAILING LIST!

Provide us with your e-mail and any address changes, and, in an effort to help the environment, notify us if you wish to be removed from our mailing list.

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Facebook

CO-DIRECTORS

Theresina Flannery, RSM
Mary Jo Kearns, RSM
Eileen P. Smith, RSM

SUPPORT STAFF

Joan Dwyer, Administrative Assistant
Brigitte Pincelli, Adjunct Spiritual Director



ENJOY THE HOSPITALITY of MOUNT SAINT MARY HOUSE OF PRAYER

MISSION STATEMENT

Rooted in Gospel values and the charism of Catherine McAuley, Mount St. Mary House of Prayer is a spiritual center dedicated to nourishing adult spiritual growth in an atmosphere of hospitality and prayer. Sponsored by the Mid-Atlantic Community of the Sisters of Mercy of the Americas, the center welcomes persons of all faiths to retreats, spiritual direction and a variety of programs and opportunities for holistic growth.

Some reflections from those who have experienced the House of Prayer:

Thank you very much for a great retreat experience. I feel refreshed and reinvigorated to do God's work!

I enjoyed my stay more than I can put into words...This is a very loving and transformative place.

I thank God for leading me to such a wonderful place with such blessed people!

Thank you again for your hospitality and spirit-filled retreat. We are blessed and will bless others through your gift.

GIFT CERTIFICATES or DONATIONS

Give friends and family members a gift of spiritual renewal and rejuvenation. Make a donation to the House of Prayer *In Honor* of someone's birthday, anniversary, or *In Memory* of a loved one. Contact Joan Dwyer at 908-753-2091 or msmhope@msmhope.org



WEEKLY EUCHARISTIC HOUR OF PRAYER

Participate in the Evening Prayer of the Church in a contemplative setting; Includes time for Centering Prayer.
Each Thursday, 8:00-9:00 p.m.

WORD OF LIFE PRAYER GROUP

Each Monday, 7:30-9:00 p.m.
All are welcome

INQUIRY CIRCLE

Based on *The Work* by Byron Katie

Sundays: Jan 8, Mar 4, Apr 1, May 6, June 3
7:00-9:00 p.m. (Free-will offering)

CONTEMPLATIVE HEALING TOUCH

Experience Christian healing touch bringing balance and well-being to body and spirit.

Practitioner:

Eileen Smith, RSM

\$40/hour, by appointment

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INTERNET USERS:

Please use www.Goodsearch.com as your search engine, and choose us as your charity! Thanks!

SCHEDULED GROUP PROGRAMS

SPIRITUALITY DAYS FOR TEACHERS, METUCHEN DIOCESE

Jan 17, 19, Feb 7, 9, 21, Mar 6, 8,
Apr 17, 24, 26, May 1, 8, 10

Anna Graziano, Mary Jo Kearns, RSM,
Brigitte Pincelli, Eileen Smith, RSM

SPIRITUAL DIRECTORS' PEER GROUP

Jan 5, Feb 2, Mar 1, Apr 12, May 3, June 7

RETREAT FOR NEW MEMBERSHIP

Jan 6-7

HEARTS CENTERED IN GOD

Jan 17, Feb 21, Mar 20, Apr 17, May 18-19

WOMENS' RETREAT WATCHUNG AVE PRESBYTERIAN

Jan 28

DEACONS' WIVES RETREAT (Private)

Feb 24-26

ST. BARTHOLOMEW RCIA RETREAT

Mar 11

WORK WITH PURPOSE- GEORGIAN COURT UNIVERSITY

Mar 14

ST ANDREW'S CCD STAFF

Mar 21

COME AND SEE RETREAT

Mar 30-31