

REQUIREMENTS

- the willingness to commit to all aspects of the program – monthly sessions, readings, final retreat
- the willingness to share your faith and an openness to new experiences of God
- a basic background in theology

COST:

- \$250 includes overnight retreat and all materials
- \$50 non-refundable deposit with application applied to total cost

STAFF

- Theresina Flannery, RSM
- Mary Jo Kearns, RSM
- Rev. Terrence J. Moran
- Eileen P. Smith, RSM
- Other invited presenters

For more information or an application form, contact:

Mount St. Mary House of Prayer
1651 U.S. Highway 22
Watchung, NJ 07069

(908) 753-2091
msmhope@msmhope.org
www.msmhope.com
Facebook: Mount Saint Mary House of Prayer

About Our Logo:



The *Hearts Centered in God* Logo is a Celtic heart knot. It combines:

- three interlocked circles, symbol of the Triune God who is Creator, Word Made Flesh, and Life-Giving Spirit
- heart, symbol of the human longing for God
- Irish origins of Catherine McAuley and the Sisters of Mercy who were founded in Dublin, Ireland on December 12, 1831.

*We have one solid comfort
amidst this little tripping about,
our hearts can always be in the same place,
centered in God.
Catherine McAuley*

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***Hearts
Centered
in God***
Welcoming You
to Deeper
Spirituality
2011-2012

Mount St. Mary
House of Prayer

Hearts Centered in God: Welcoming You to Deeper Spirituality

Hearts Centered in God

- invites adults to deepen their relationship with God in community with others
- fosters a life of faith and action amid the complexities of the contemporary world
- uses a holistic approach that integrates spirit, mind, body and relationships

Our Name

Our program's name comes from Catherine McAuley, founder of the Sisters of Mercy who sponsor Mount St. Mary House of Prayer and whose spirit inspires this program.

Catherine writes, "We have one solid comfort amidst this little tripping about, our hearts can always be in the same place, *centered in God.*"

Catherine spent most of her life as a lay person. The Community of Mercy grew out of a group of lay people dedicated to prayer, service, and mutual support. Her spirit, which unites contemplation and action into a harmonious oneness, inspires our program.



Our Program

- Monthly sessions between September and May explore a theme of spirituality through reflection, faith sharing, prayer and ritual
- Between gatherings participants spend a small amount of time reading and reflecting in preparation for the next session

Our Themes

- Images of God, Ancient and New
- God and the New Cosmology
- Great Spiritual Teachers
- Spirituality and the Arts
- Liturgical Spirituality
- Praying with Scripture
- Spirituality and Justice and Peace
- Spirituality and Work
- Finding God in Relationships
- And More

The program includes monthly sessions on each 3rd Tuesday from September through April, (2nd Tuesday in December) from 7:00– 9:30 p.m. and a final overnight participant-guided retreat experience in May. All sessions take place at Mount St. Mary House of Prayer.

SCHEDULE 2011-2012

Sessions

7:00-9:30 p.m.

Sep. 27, Oct. 18, Nov. 15, Dec. 13, '11
Jan. 17, Feb. 21, Mar. 20, Apr. 17, '12

Closing Integrative Experience

Friday, May 18, 7:00 p.m. –
Saturday, May 19, 4:00 p.m.

Registration Deadline: August 24, 2011

Limited to 16 participants