

1651 US HIGHWAY 22
WATCHUNG, NJ 07069-6587
(908) 753-2091
www.msmshope.org *
msmshope@msmshope.org
Facebook



September 2011-
January 2012



Retreats and Programs

Celebrating 35 Years



Mount St. Mary House of Prayer is supported by free-will donations. Those who cannot afford the suggested donations are urged to come and give what is possible. Those who can give more are encouraged to do so, since the fee stated for programs does not meet all our expenses. We appreciate your support.

Name _____
Address _____
City _____
State _____ Zip _____
Telephone _____
E-mail _____
Program Title/Retreat _____
Date(s) _____
Deposit Amount Enclosed _____

Pre-registration is required for all programs and retreats.
Please enclose your deposit and mail to:
Mount Saint Mary House of Prayer
1651 US Highway 22
Watchung, NJ 07069-6587

REGISTRATION FORM

DIRECTED RETREATS

An experience of personal prayer based on Scripture. Daily spiritual direction. Atmosphere of prayerful quiet. Adaptable to the needs of each individual.

Registration required

Weekend Retreats

Sep 30-Oct 2, Nov 4-6, Jan 20-22.
Begins 7:00 p.m. opening day;
concludes at 2:00 p.m.
(\$120/weekend; non-refundable deposit \$30)

Week-long Directed Retreat

Sep 30-Oct 7
Begins 7:00 p.m. on opening day;
concludes at 11:00 a.m.
(\$420/week; non-refundable deposit \$80)

Accommodations: 7 overnight retreatants

PRIVATE RETREATS

Time alone with God.
Arrangements made individually. (\$60/night)

SPIRITUAL DIRECTION

Personal support in deepening one's relationship with God.
Call for further information

PROGRAMS and DAYS OF RECOLLECTION for GROUPS

House of Prayer staff members provide programs and retreat days on a variety of topics both at the House and off-site. The House of Prayer facility is also available on a limited basis for groups for self-guided spiritual-growth programs.

Accommodations: up to 25 people
Call for information

PROGRAM OFFERINGS

Registration required

CENTERING PRAYER GROUP

Come together monthly to pray this ancient form of prayer and breathe in God's peace. Centering prayer and lectio divina
Tue- Sep 13, Oct 4, Nov 1, Dec 6, Jan 3
7:30 - 9:00 p.m. (Free-will offering)

PERSONAL RETREAT DAYS

Sacred Time, Sacred Space
A personal quiet day to enjoy God's presence. Day begins with communal prayer
Sep 21, Oct 12, Nov 15, Dec 7, Jan 12
9:30 a.m.-3:00 p.m. Bring bag lunch (\$20)

GATHERING FOR MEN

Gain support and inspiration by focusing on spirituality and integration with daily life. Group discussion, reflection and prayer.
Tue- Oct 11, 7:30-9:30 pm (\$15)
Jerry McKenna, Al Beronio

ARE YOU IN BETWEEN JOBS?

Be refreshed as you prayerfully reassess your unemployment and God's call in the *now*. Prayer, reflection, and sharing.
Lunch provided—No fee—Be our guest
Tue- Oct 18, 9:30 a.m.-2:30 p.m.
Maureen Cozzi

SPIRITUALITEA

A Luncheon-Tea Party for ladies only!
Come, be nourished in body, mind and spirit! Lovely luncheon; powerful presentation.
Sun- Oct 23, 1:00-3:00 p.m. (\$30)
Brigitte Pincelli, Mary Jo Kearns, RSM

LIGHTING THE SACRED FIRE

An Evening of Celtic Spirituality

Gather around the warmth of the fire & enjoy Irish soda bread and tea as we explore the rich tradition of Celtic Spirituality.
Fri- Oct 28, 7:30-9:30 p.m. \$20
Rev Terrence Moran, CSSR

ABOVE ALL, HAVE LOVE

Retreat Evening for Married Couples

Nurture and celebrate the gift of cherished relationships. Includes simple supper & Mass.
Mon- Nov 7, 6:00-9:00 p.m. (\$60/couple)

DRUM & CHANT TRANSFORMATION

Drumming and the voice are ancient tools that help people to connect, heal, celebrate and uncover vital aspects of themselves. Learn several tools that will transform energy within you!
Tue- Nov 8, 7:30-9:30 p.m. \$20
Barbara Woodzell, Mercy Associate

ROSE IS ROSE

The Comics and Spirituality

Reflection on the comics can sometimes lead to deeper insights on life. Come enjoy laughter and profound reflection as we look at one of the beloved comics: *Rose Is Rose*.
Sun- Nov 13, 1:00-3:00 p.m. (\$20)
Mary Jo Kearns, RSM



PROGRAM OFFERINGS

GRIEF RECOVERY

Learning a process to deal with grief

Gentle 4-step experiential process for resolving the grief caused by loss
Sun- Nov 20, 1:00-5:30 p.m. (\$45)
Mary Jo Kearns, RSM

COME, LORD JESUS, COME!

Advent Afternoon of Reflection

Explore the desires of your heart & God's desires for you this Advent Season. Includes Mass
Sat- Dec 3, 1:00-5:00 p.m. (\$25)
Theresina Flannery, RSM

OUR LADY OF GUADALUPE, HIDDEN HEART OF THE AMERICAS

In prayer, song, and reflection we will ponder this image of Mary as a model of reconciliation.
Fri- Dec 9, 7:30-9:30 p.m. (\$20)
Rev. Terrence Moran

YEAR-END DAY OF PRAYER

A personal quiet day to reflect on the past year. Day begins with communal prayer.
Sat- Dec 31, 9:30 a.m.-3:00 p.m. (\$20)
Bring bag lunch

**ST BRIGID: PEACEMAKER & HEALER
CELTIC SPIRITUALITY**

Celebrate in story, song and ritual this remarkable woman; includes the weaving of a Brigid's Cross
Tue- Jan 31, 7:30-9:30 p.m. (\$20)
Rev. Terrence Moran

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CO-DIRECTORS
Theresina Flannery, RSM
Mary Jo Kearns, RSM
Eileen P. Smith, RSM

Joan Dwyer, Administrative Assistant
Brigitte Pincelli, Adjunct Spiritual Director

**ANNUAL
CALENDAR RAFFLE!**
Amount in Prizes—\$6,000
Each \$20 ticket good
for 13 weekly drawings
Last purchase date— Dec 1
For tickets phone or e-mail.

COME TO THE STABLE DAY

Prayerful preparation for Christmas!
Sun- Dec 18, 2:00-4:00 p.m.

**WEEKLY EUCHARISTIC
HOUR OF PRAYER**

Participate in the Evening Prayer of the Church in a contemplative setting; Includes time for Centering Prayer
Each Thursday, 8:00-9:00 p.m.

WORD OF LIFE PRAYER GROUP

Each Monday, 7:30-9:00 p.m.
All are welcome

INQUIRY CIRCLE

Based on *The Work* of Byron Katie
Sun- Oct 2, Nov 6, Dec 4
7:00-9:00 p.m. (Free-Will Offering)



HEALING TOUCH

Experience healing touch bringing balance and well-being to body and spirit.
Eileen Smith, RSM
\$40/hour, by appointment

**HEARTS CENTERED IN GOD
Welcoming You to Deeper Spirituality**

Year-long adult contemporary spirituality program that invites adults to deepen their relationship with God in community with others

Monthly sessions ending with a retreat

For more information on program that begins in September, contact us immediately!

GIVE A GIFT

Make a donation to the House of Prayer
In Honor of someone's birthday, anniversary, or *In Memory* of a loved one

VOLUNTEERS NEEDED!!!

We need on-going support in clerical and typing work, upkeep of the Center, cooking and gardening. If interested, phone or e-mail.

SPECIAL VOLUNTEER DAYS

**BULK MAILING /
OUTSIDE CLEAN-UP DAY**
Sat- Nov 19, 9:30 a.m.-3:00 p.m.

DECORATING FOR CHRISTMAS

Thu- Dec 15 & Fri- Dec 16, 9:30 a.m.-3:00 p.m.
Let us know you're coming! Phone or e-mail.

DIRECTIONS

Mount St. Mary House of Prayer is located on Route 22W at Terrill Road, next to the Blue Star Shopping Center, opposite Sears; accessible by bus (NJ Transit) from NYC.

From North: GSP S. to Exit 140 A to Rt.22 W. for about 8 miles.

From South: GSP N. to Rt. 287 N. to Rt. 22 E. for about 10 miles.

From East: Rt. 22 W. or Rt. 78 W. to Exit 41. Follow signs for Rt. 22 W.

From West: Rt. 22 E. or Rt. 78 E to Exit 41. Follow signs for Rt. 22 W.



**ENJOY THE HOSPITALITY
OF
MOUNT SAINT MARY
HOUSE OF PRAYER**

MISSION STATEMENT

Rooted in Gospel values and the charism of Catherine McAuley, Mount St. Mary House of Prayer is a spiritual center dedicated to nourishing adult spiritual growth in an atmosphere of hospitality and prayer. Sponsored by the Mid-Atlantic Community of the Sisters of Mercy of the Americas, the center welcomes persons of all faiths to retreats, spiritual direction and a variety of programs and opportunities for holistic growth.

Thank you for a wonderful week at the House of Prayer. It was a gift of God. I take from my retreat that we are all one in the compassion of God.

Mary Hozeny, OSF

Quiet space simply to BE. Blessed silence, wonderful prayer opportunities, nourishing food, soft music and lots of TLC.

Sister Lura Grace Lane

I would like to express my appreciation for all the things that you did to make our retreat special. The atmosphere and environment was so conducive for prayer. The women can't stop talking about the experience. They all want to return next year.

Rev. Marie Jackson

*We welcome your prayer intentions.
They are especially remembered
each Thursday*

**SCHEDULED
GROUP PROGRAMS**

**Spirituality Days for Teachers,
Metuchen Diocese**

Oct 26, 28; Nov 16, 18; Dec 7, 9; Jan 13, 18, 20
Anna Graziano, Mary Jo Kearns, RSM,
Brigitte Pincelli, Eileen Smith, RSM

Spiritual Directors' Peer Group

Sep 8, Nov 3, Dec 1, Jan 5

Hearts Centered in God

Sep 27, Oct 18, Nov 15, Dec 13, Jan 17

Council of Catholic Women, Martinsville

Oct 22

HOSTED GROUPS

Mt. St. Mary Academy Board of Trustees

Sep 17

Body of Christ Prayer Group

Sep 25

**Deacons' Wives Retreat, Newark
Archdiocese**

Oct 26

**"Work With Purpose"- Georgian Court
University**

Oct 27

Retreat for Mercy New Membership

Jan 6-8

GIFT CERTIFICATES

Give friends and family members a gift of spiritual renewal and rejuvenation. Contact Joan Dwyer at (908) 753-2091 or e-mail at mshhope@mshhope.org